

## Psalm 90

New King James Version (NKJV)

## Psalm 90

A Prayer of Moses the man of God.

1 Lord, You have been our dwelling place in all generations.

2 Before the mountains were brought forth,  
Or ever You had formed the earth and the  
world, Even from everlasting to everlasting,  
You are God.

3 You turn man to destruction,  
And say, "Return, O children of men."

4 For a thousand years in Your sight Are like  
yesterday when it is past, And like a watch in  
the night.

5 You carry them away like a flood;  
They are like a sleep.  
In the morning they are like grass which grows  
up:

6 In the morning it flourishes and grows up; In

the evening it is cut down and withers.

7 For we have been consumed by Your anger,  
And by Your wrath we are terrified.

8 You have set our iniquities before You,  
Our secret sins in the light of Your countenance.

9 For all our days have passed away in Your  
wrath; We finish our years like a sigh.

10 The days of our lives are seventy years;  
And if by reason of strength they are eighty  
years, Yet their boast is only labor and sorrow;  
For it is soon cut off, and we fly away.

11 Who knows the power of Your anger? For as  
the fear of You, so is Your wrath.

12 So teach us to number our days,  
That we may gain a heart of wisdom.

13 Return, O LORD! How long?

And have compassion on Your servants. 14 Oh,  
satisfy us early with Your mercy,

That we may rejoice and be glad all our days!

15 Make us glad according to the days in which  
You have

afflicted us,

The years in which we have seen evil.

16 Let Your work appear to Your servants, And  
Your glory to their children.

17 And let the beauty of the LORD our God be  
upon us, And establish the work of our hands  
for us;

Yes, establish the work of our hands.





